

2 days,  
2 coaches &  
your team

**Team Development**  
~ between indoor & outdoor

# PATHFINDER

Team development needs time and space.  
This special format combines the effectiveness of a workshop with the inspiring  
and grounding experiential dimension of nature.

**Let's find and walk the path that suits you.**

Content:

- The reasons
- The format
- The path
- The goals and results
- The coaches

# DO YOU KNOW THIS?

**1.** You have grown quickly as a team, lost sight of each other due to hybrid working between office and home office, and would like to **improve your communication, get to know each other** better and strengthen the team spirit through a **team culture** that suits you.

**2.** You want to promote the **individual mental health** of your team members (e.g. through mindfulness, breathwork and nature connection) or exploring the topic of **psychological safety** together.

**3.** External factors present you with unfamiliar challenges and you want to take the opportunity to adapt your ways of working and processes to become **more agile, effective and empowered.**

Many teams feel strong pressure to change and often lack the time in their daily work to consciously pause, reflect together, ground themselves and create a suitable team culture.

But it is precisely this pausing that is fundamental for transformation and forms the basis for more personal responsibility, co-determination, flexibility, human-centredness, sustainability and satisfaction.

**For this challenge we have developed Pathfinder.**



# THE FORMAT

combines the **effectiveness of a workshop** with the **inspiring and grounding experiential dimension of nature**.

The two-day workshop takes place in a relaxing and special place, outside in nature and inside in a workshop space. We consciously lead your team out of your daily work routine and take the first steps towards a team culture that suits you.

We design an individual path of knowledge for each team, which specifically addresses pre-defined focus topics and offers space for experimentation and spontaneity.

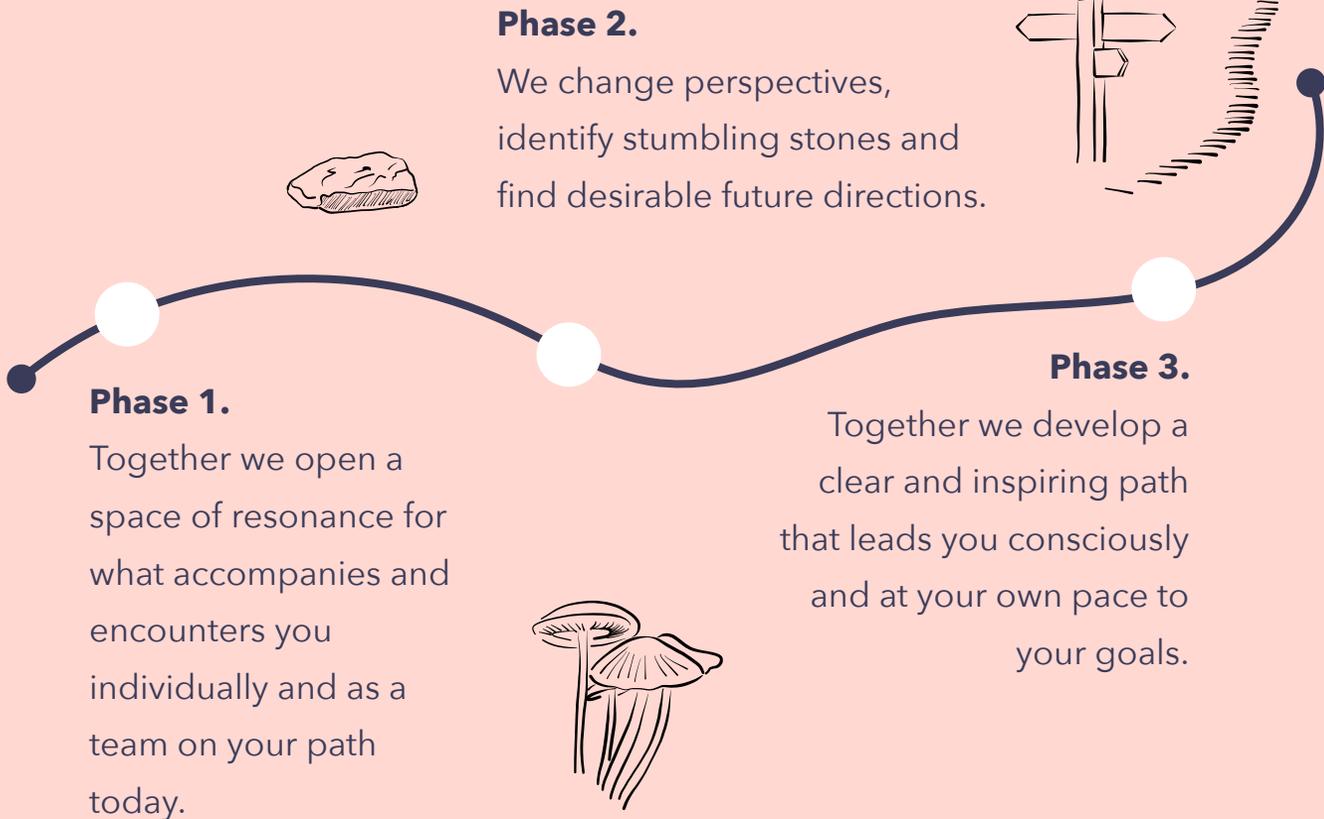
We work consciously in and with nature, leave the comfort zone and learn through a change of perspective. We will perceive with all our senses, have conversations around the campfire, find solution paths together and visualize them.

Are you ready for **2 days indoors and outdoors?**



We involve  
**body, mind & heart,**  
to experience  
holistically.

# THE PATH



## Goals and results of the workshop

**Assessment** of the organisation's **current standing** and the team's **mood**.

**Strengthening** individual wellbeing, cohesion and psychological security in the team

**Clarity** about individual potentials, resources and perspectives

Prioritised **challenges** and **opportunities**, a shared **vision** and a clear path with next steps

Identify **future capabilities** and **routines** and define a strategy for their development

# THE COACHES

This format was co-creatively developed by Olivia and Steffen. Together they will guide you through the workshop.

**Olivia** studied business & management and works as a consultant and certified systemic nature therapist. She lives in Berlin and leads various workshops, team events and retreats worldwide - always with the people in focus and in and with nature.

**More about Olivia:** [Website](#) / [LinkedIn](#)

**Steffen** also lives in Berlin. He studied Strategic Design, is a certified systemic coach and works as a workshop facilitator and team developer. Many roles, one mission: he designs insight processes and coaches people in change.

**More about Steffen:** [Website](#) / [LinkedIn](#)



## Our methods & experience

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- Team and personal development
- Embodiment practices, such as mindfulness, meditation, dance & movement, Breathwork
- Systemic coaching, nature therapy, constellations and nature dialogue facilitation
- Human-centered design processes (design thinking and design sprint workshops)
- Agile mindset and methods
- Strategy and vision development
- Purpose-Exploration and Future Foresight



# LET'S TALK ABOUT THE GOALS AND RESULTS YOU WANT TO ACHIEVE.

Get in touch now ;)

## **Pathfinder Team Building**

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